

FRAMEWORK FOR METHODS

1. Information about teacher/worker in school.

#makepersonal

Teachers/worker name, surname:	Anna Roo and Seija Ruotsalainen
Position:	Professional subject teachers in social and health care
2-3 about teacher:	
Check X if you add picture of teacher.	

2. Description for method.

#makeinteresting #makeflexable

Method name :	Co-operative Open Learning (COOL)
In what subject you can adapt this method:	The COOL method is suitable for use in any subject in which the theory and independent studying alternate. We have used the method for studies related to the student's growth into profession, multiculturalism and mental health support.
Description in few sentences:	The goal of COOL study method is to make students responsible and motivated for taking care of their own learning. The method allow the students to progress in a flexible manner by an individual schedule, independently or in such a way that students who need more support receive the support they need. In our school, we have prepared the so-called COOL workbook that helps the students in their self-assessment, setting goals and outlining the schedule.
Description of process :	
1.	The COOL model is introduced to students and they receive workbooks. The purpose and objectives of the course is presented and shared with the students.
2.	Theoretical studies and independent assignments related to the learning contents alternate in the sequence. At regular intervals, “COOL hours” are used to review the output of an independent task and to continue processing of the subject together with the whole student group.
3.	On the agenda of each COOL hour is for example: time management, group work, interaction, problem solving and responsibility (topics from the COOL



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	workbook). In addition, students make self-assessment related to the task in question.
4.	At the end of the COOL hour, students will receive a new assignment related to the course. The whole course will be completed according to this principle. The course also include an assessment made by teacher / teachers.
5.	Students can work with independent assignments alone, in a group, or by participating in a guidance workshop where they can get guidance from the teacher.