




Active learning	method - „Smart Goal”
Author	RSTS teacher Rebeka Grīnfelde
Aim	Help students figure out how to define their goals.
Duration of activity (min)	30
Necessary materials	Sheet of paper and pen for each participant
Action description	<p>The first task is to explain how “SMART GOALS” are shaped</p>  <p>Examples are made to see if this is the Smart Goal and then the task is given to them to write their own Smart Goals.</p> <p>Recommended that before this task students do the “MY SWOT” analysis, which helps to understand where the Smart Goal currently fit in.</p> <p>Examples of successful and unsuccessful goals.</p> <ul style="list-style-type: none"> - save a million for a trip around the world. - postpone €20 each week, for a trip to Paris. - spend 20 minutes every week reading 3 self-educational books. - Buy the very first car. - u. c. examples according to their situations. <p>After you've written the smart goals, you can be discussed as much as you're going to accomplish these goals, what tasks you're putting on yourself.</p>
Result	Such a task strengthens knowledge in business subjects about setting and planning goals. Helps young people understand the importance of goals in everyday life.
When to use	Can be used in the different subjects. It is universal.



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Conclusion	Such a task strengthens knowledge in business subjects about setting and planning goals. Helps young people understand the importance of goals in everyday life.
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